

Committee Secretary
Inquiry into Better Support for Carers
House of Representatives Standing Committee on Family,
Community, Housing and Youth
PO Box 6021
Parliament House
CANBERRA ACT 2600

STANDING COMMITTEE
ON
8 JUL 2008
FAMILY, COMMUNITY,
HOUSING & YOUTH

Dear Secretary

I wish to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth's Inquiry into Better Support for Carers.

I am submitting to the Inquiry because...

I am a full time carer who wants to see things changed, it's a maze out there, a decent book with the right answers needs to be written

More information is attached on a separate sheet

1. The role and contribution of carers in society

As a carer, I feel that my role is...

very underpaid! at \$1.50/hr it's a bloody joke my duties are never acknowledged, the amount of roles I perform would never add up to \$1.50, more like \$100-hr plus!
soon as you mention your a carer, people reply 'who do you work for' - hello!

More information is attached on a separate sheet

2. The barriers to social and economic participation for carers

As a carer, I face the following problems ...

when I want to do anything social, I have to wait for my husband to be in respite or pay for a carer + the phone calls in leading up to this is a nightmare, nothing is easy!

More information is attached on a separate sheet

3. The practical measures required to better support carers

As a carer, I need help with ...

publish a decent book on what to do & when,
who to ring & why - just plain english,
it's only word of mouth you get to know.
I'll write it for you!

More information is attached on a separate sheet

4. Strategies to assist carers to access opportunities and choices

I think the Government can better help carers by ...

writing the above book.
increasing the bonus to \$5,000
increase the carer payment, allowance

More information is attached on a separate sheet

Thank you for taking my views into consideration as part of the Committee's Inquiry. I look forward to reviewing any recommendations you make to improve life for carers in Australia.

Yours sincerely

Print your name

Carolyn