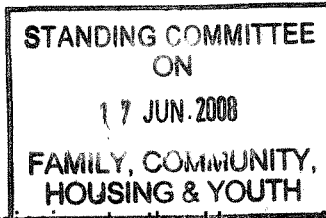


Committee Secretary
Inquiry into Better Support for Carers
House of Representatives Standing Committee on Family,
Community, Housing and Youth
PO Box 6021
Parliament House
CANBERRA ACT 2600

Submission No. 212
(Inq into better support for carers)
A.O.C. 27/6/08



Dear Secretary

I wish to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth's Inquiry into Better Support for Carers.

I am submitting to the Inquiry because...

I feel as a carer neglected by the government and constantly being overlooked. As I constantly voice my opinion about strengthening the support of this committee, I feel more alone than ever.

More information is attached on a separate sheet

1. The role and contribution of carers in society

As a carer, I feel that my role is...

To cater to my sick husbands needs and to always being on the lookout for any symptoms of an incoming injury. I must always revolve everything along with his illness, not against it.

More information is attached on a separate sheet

2. The barriers to social and economic participation for carers

As a carer, I face the following problems ...

I have no 'me' time. I'm always rescheduling respite and recreational time for his doctor appointments and check-ups. I worry and am under constant stress to buy his medicine & to always remind him to take them. My children go to school & I am always alone being faced with the illness.

More information is attached on a separate sheet

3. The practical measures required to better support carers

As a carer, I need help with ...

Assisting him with ~~the~~ all his needs, i.e. medicine,
check-ups, appointments, etc. I need to go out &
enjoy the world but I can't because of his illness.

More information is attached on a separate sheet

4. Strategies to assist carers to access opportunities and choices

I think the Government can better help carers by ...

I think the government should regularly check up on
carers and be ~~not~~ updated on the conditions
of all. They should offer more support groups for
us.

More information is attached on a separate sheet

Thank you for taking my views into consideration as part of the Committee's Inquiry. I look forward to reviewing any recommendations you make to improve life for carers in Australia.

Yours sincerely

Print your name

Yolla

Date

9/6/08